# POSITIVE YOU PARENT PRESENTATION





### PARENT PRESENTATION TOPICS

#### THE GUIDE TO THRIVE IN FIVE

Parents will discover the five essential areas where students need support to thrive: Health, Relationships, Creative Outlet, Career, and Service. This session provides practical strategies to help children set meaningful goals, build resilience, and develop a sense of purpose. Parents will leave with tools to encourage positive decision-making and personal growth at home.

#### **THE 9 SUPER POWERS**

Learn how to help your child achieve "flow," a state of deep focus and engagement that enhances learning and personal development. This session introduces strategies to minimize distractions, encourage goal-setting, and create an environment that fosters motivation and success. Parents will gain insights into how they can support their child's ability to stay engaged and thrive in both academics and life.

#### THE SCIENCE OF POSITIVITY

Positivity plays a crucial role in a child's confidence, success, and overall well-being. This session explores research-backed methods to help parents reinforce optimism, resilience, and a growth mindset at home. Attendees will gain practical tools to foster motivation, encourage problem-solving, and create a supportive atmosphere that empowers children to navigate life's challenges with confidence.



Technology and social media have a major impact on children's mental health, relationships, and focus. This session equips parents with tools to help their children build healthy digital habits, manage screen time, and navigate the online world safely. Parents will learn how to create balance, encourage mindful technology use, and foster open discussions about digital challenges.

AUDIENCE: PARENTS
TIME: 60 MINUTES
PRICING: \$1,500 - \$5,000



ROBBY EMERY - DIRECTOR OF CHARACTER DEVELOPMENT UNIVERSITY OF MICHIGAN FOOTBALL TEAM

## CONTACT US TODAY FOR MORE INFO



WWW.POSITIVEYOU.NET











