

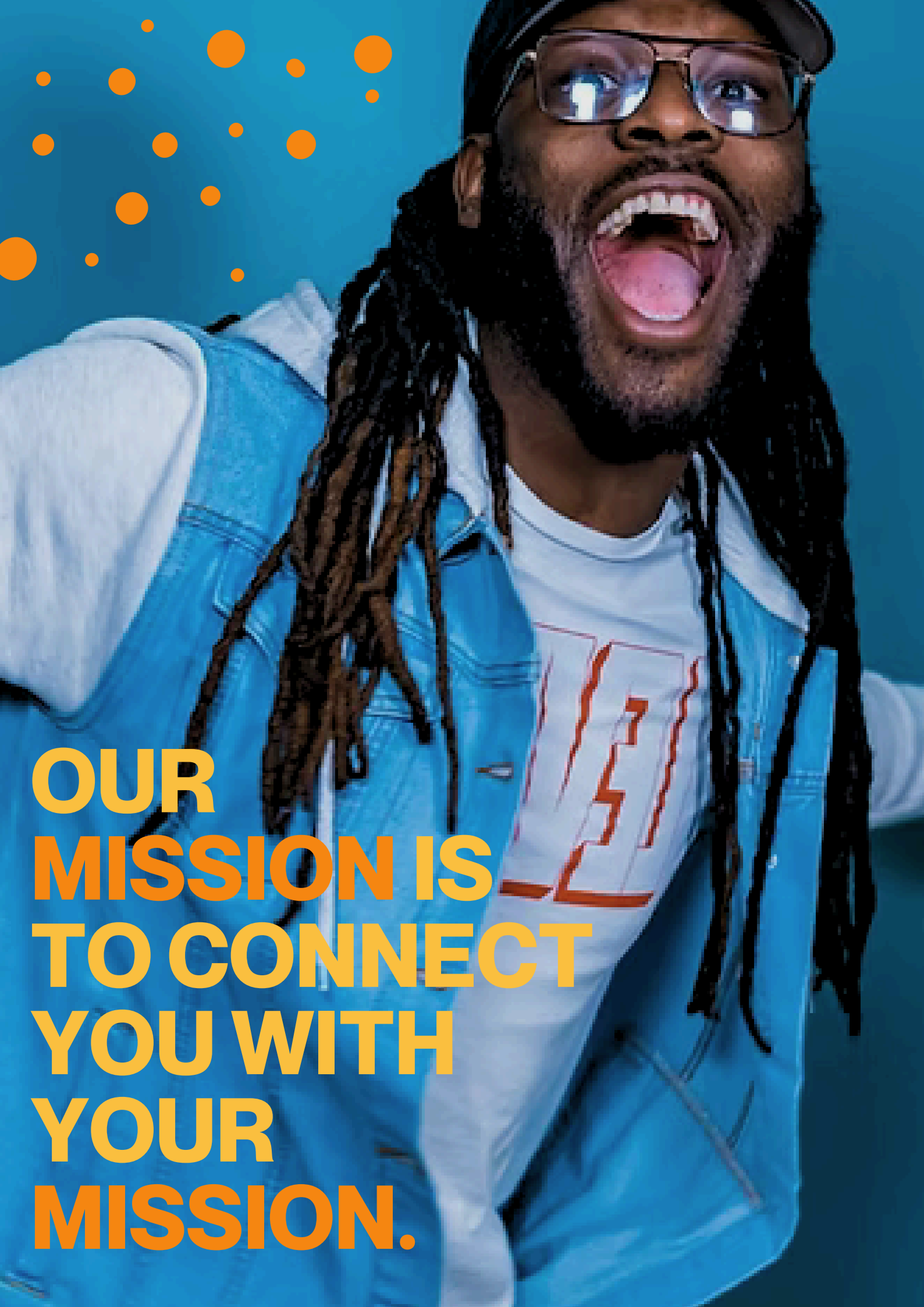
CATALOG
2025

WWW.POSITIVEYOU.NET

POSITIVE YOU ASSEMBLY SERIES



20
25



**OUR
MISSION IS
TO CONNECT
YOU WITH
YOUR
MISSION.**

STUDENT ASSEMBLY TOPICS



POSITIVE YOU INTRODUCTION

This assembly introduces Positive You's core mission—helping students thrive in Health, Relationships, Creative Outlet, Career, and Service. Through engaging activities, students will learn to set SMART goals and discover their purpose in a fun, practical way.

9 SUPER POWERS

Students will explore "flow," a state of deep focus and engagement. This session teaches goal-setting, motivation, and techniques to stay immersed in learning. Interactive exercises provide strategies to enhance focus and personal achievement.

OVERCOMING OBSTACLES

Super Bowl Champion Greg Jones shares his journey of resilience and perseverance. Students will learn how to overcome setbacks, push past challenges, and apply these lessons in an exciting obstacle course.

THE WINNER WITHIN

A dynamic presentation on self-worth and identity, encouraging students to embrace their strengths, develop confidence, and set meaningful goals for personal growth.

DIGITAL DETOX

This session explores social media's impact on mental health, relationships, and productivity. Students will gain strategies for screen time balance, digital safety, and mindful technology use.



AUDIENCE: 5TH - 12TH GRADE

TIME: 40 - 60 MINUTES

PRICING: \$1,500 - \$5,000

**CONTACT US TODAY
FOR MORE INFO**



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